



## **Why is the World Falling Apart?**

*by Vidya Frazier - November 2021*

# Contents

## **Introduction to Ascension - 4**

Ascension into the Fifth Dimension - 4

The Dimensional Shift - 5

Humanity is Bifurcating - 6

Negotiating the Ascension Path -7

Covid Madness - 8

Ascension is a Two-Pronged Path - 9

## **Negative Forces Impeding Our Evolution - 10**

The Plandemic – 10

Good News - 15

Shadow Controllers - 17

More Possible Good News – 18

Behind the Shadow Controllers - 19

Hostile Off-World Beings - 20

They Can't Go with Us - 21

Humanity's Suffering Provides "Loosh" - 21

Inner Critic Implant - 22

Creation of the Elite Shadow Controller Families - 22

Infiltration of All Religions - 23

Creation of a Controlled Death Space - 23

Infiltration of New Age Spirituality Teachings - 24

Controlled Reincarnation System - 25

Blaming Humanity - 26

Protecting Yourself from the Dark - 27

Knowledge of the Dark Side of History - 29

Humanity Finally Has a Chance to Fully Awaken – 30

Ascension is Happening - 31

End-Notes - 32

***Note:** Please note that I do not claim to know that the information in this ebook is absolutely true; I just believe that, based on the credible sources involved, the information probably contains a great deal of truth and it needs to be considered and researched. I have chosen sources that ring true for me, based on my inner guidance.*

*Also, since many posts and videos contradicting the official narrative about Covid-19 and the vaccines have been systematically censored and removed by youtube, facebook, google and twitter, some of the links in the End-Notes I provide may no longer be viable by the time you read this. Just know that the pages and videos were once there.*



## **Why is the World Falling Apart?**

If you're like most people on the planet these days, you are likely still trying to find your way through the dark and chaotic events that have been occurring since early 2020 – and you may well be in deep confusion and fear about what seems ahead of us. Understandably, you might feel a profound sense of despair about humanity's future.

It does look dark in many ways, as so much of what has been familiar appears to be out of control and even collapsing. The world as we've known it is completely falling apart, as we witness darkness invading human consciousness like never before.

If you are wondering why all this is happening and are concerned that humanity might be doomed, take heart. Although so much occurring now is truly horrifying, all that is occurring is not entirely bad news.

## **Ascension into the Fifth Dimension**

In fact, as painful as it may all be in certain ways, what is happening is also surprisingly hopeful. According to the teachings of a spiritual paradigm known as *Ascension*, we are simply in the midst of navigating our way through what has been called the "Transitional Times". This is a period of time in which humanity is being compelled to take an enormous evolutionary leap into a much higher consciousness that has been called the *Fifth Dimension* – a reality in which peace, love, joy, harmony and unity among all will reign across the Earth.

And, because this leap is so immense and is also happening at such a rapid rate, this transitional period we're now in has become a very dark and rocky one. It's easy to get caught in fear with all that is occurring; but in understanding the full picture of what's going on through this Ascension lens, it's easier to keep a focus on where we are headed – and to understand that we are now securely on a positive timeline toward the Fifth Dimension.

Another way to see it is that an old world is currently dying, and a new world is being birthed. It can just be difficult to see the new world at times while we're still in this chaotic period when great destruction of our old world and confusing transformation are happening all around us.



## **The Dimensional Shift**

Prophecies about these dark transitional times have been around for hundreds of years. They exist in a wide variety of cultures and spiritual traditions throughout the world. They all make reference to this evolutionary shift, indicating that, during the times we are currently in, humanity would be making a leap into this higher consciousness after having lived for many thousands of years in a reality filled with fear, separation, war, hatred, suffering and poverty. In the Ascension teachings, this reality has been called the *Third Dimension*. And the current phase we are now living in has been referred to the *Fourth Dimension*.

In addition, according to these prophecies, this dimensional shift has happened a number of times before in the past, about every 26,000 years, while the Earth has traveled through a very powerful section in the galaxy in which high-frequency waves of light exist. Each time the Earth has passed through this section of the galaxy and has been immersed in these waves of light, there has been an opportunity for all life on the planet to make a huge leap in evolution. And that is what humanity is currently experiencing.

However, again, because it is such an immense and rapid shift, there is naturally a great deal of chaos and disruption, and a collapsing of all systems and structures in the world that do not resonate with the higher-frequency energies now streaming onto the Earth. Much that now exists in the world must be swept away.

Even though it may look as if injustice, greed, war, manipulation and control are becoming more prevalent and stronger in the world today, in actuality, these conditions have all been here for many millennia; they are simply being revealed extremely clearly at this point. And, very importantly, these forces will eventually not survive in the world we are headed for. In 5D, only compassion, justice, harmony and unity in world affairs will eventually survive.



### **Humanity is Bifurcating**

However, as may be clear, not everyone currently on the planet will be surviving this immense shift of consciousness. A great many people alive today will not be able to make the journey into the Fifth Dimension; they are not yet ready to do so. At some point, before the planet makes its final shift – probably sometime in the next five years or so – they will leave the planet to be incarnated somewhere else in the universe that still offers experiences in the Third and Fourth Dimensions in order to continue their evolution.

Indeed, it is already possible to see this bifurcation occurring within humanity more and more clearly as time goes on. The two pathways are quite plain. Some people – those headed for the Fifth Dimension – are busy consciously raising their frequencies and focusing on creating a new Earth they'd like to live in. As a reader of this ebook, you are likely part of this group. Others seem fast asleep, still involved in the vibrations of separation, fear, hatred and desperation, and continuing blindly on in their ever-more-restricted lives.

A third group is somewhere in between: they are not quite awake to what is occurring yet, but they are not too caught up in the rampant negativity that exists among others, either. They will follow the first group into the Fifth Dimension – just somewhat later.



### **Negotiating the Ascension Path**

And yet, even for those who are destined to make the shift into 5D, it won't necessarily be a fast or easy journey. It will take some time – perhaps a few more years for most – before fully entering the Fifth Dimension is possible. And it will probably take a good bit of healing and awakening work, as well, to clear out third-dimensional beliefs, traumas and emotions. And yet, focusing on this clearing and healing will make your journey a lot easier and faster.

If you have been aware of the process of Ascension occurring for a while, you have probably noticed that, until early 2020, the path forward was already becoming somewhat difficult for you; Ascension symptoms, both psychological and physical were showing up, as the 5D frequencies coming onto the planet became more intense. Perhaps, among other things, old, unresolved traumas were surfacing, along with challenges in relationships, a sense of disorientation, and confusing physical symptoms.

Loss may have been a theme for a while in your life. Maybe you'd lost your career and/or means of livelihood. You might have had to move from a home you'd lived in for years. Perhaps new health issues had arisen, preventing you from being able to do things you once had, or old ones had been exacerbated. Perhaps you'd even lost loved ones to death – or were torn apart from them over political issues. You might have been shocked to realize you really hadn't known close friends, even your spouse or your partner, as well as you thought you had.

Nonetheless, if you were conscientious in wishing to ascend as quickly and effectively as possible, you knew you could still do your inner work and spiritual practices and feel you were being successful in raising your frequency. You could feel you were shedding old, low-vibrational patterns, and you could experience a greater sense of light within your

being. Perhaps new opportunities opened up for you to live your life in new, more healthy and harmonious ways.

In addition, you likely began discovering delightful phenomena happening in your life, as well. Despite the new challenges you were experiencing, perhaps synchronicities and actual magic seemed to spring up out of nowhere. Experiences of profound joy might suddenly well up in you, or your heart would fill with a profound love you'd never before experienced. Or perhaps deep peace might overcome you at the most improbable times.

All of these kinds of positive experiences had probably been increasing for some time, ever since the high-frequency waves of light began to truly stream onto the Earth, beginning in 2012, and the 5D bandwidth they were creating was becoming more and more available for you to tune into.



## **Covid Madness**

But then Covid-19 and all the mandate craziness showed up, likely creating fear, anger, anxiety and confusion in you, as all life as you knew it began to collapse around you, with no end in sight.

This understandably threw a monkey-wrench into the whole process of your Ascension healing work, upping the ante and requiring a huge amount of increased awareness of what was going on both in the outer world and in your inner world. Greater focus was now required on external circumstances, how you maneuvered your way out in public, how you related to family and friends, and what you could physically do or not do.

And very importantly, it probably became much more difficult to focus on the positive aspects of Ascension that had been happening. The world situation had suddenly become very dark, and you were sometimes sucked into it, to one degree or another.

For that reason, you've probably discovered, Ascension has now become a journey often involving a great deal of effort, courage and trust. And, if you are someone feeling called

to help create the New 5D Earth, you understand that you are serving as a wayshower on this this path; and this may bring an even heavier feeling of importance to your own awakening. You are becoming more aware of just how unknown and sometimes unsettling this path of Ascension can be.

## **Ascension is a Two-Pronged Path**

In particular, you may have discovered that Ascension is now a two-pronged path. First of all, it's necessary to discover who you truly are as a multidimensional Light Being, beyond your sense of identity that has been based in third-dimensional misconceptions, misidentifications, and lies you've been told throughout your life.

After lifetimes of living in 3D on this planet, there is a lot of "deprogramming" that needs to occur, in order to shift into 5D consciousness. You also need to begin trusting your inner guidance like never before and tap into courage you may have never known you had.

There are many books, videos, websites, and classes being offered these days to help you along your individual Ascension healing and spiritual awakening path. In particular, my [books](#) on Ascension and the Fifth Dimension may be helpful; my [youtubes](#) might also assist you.

But secondly, it's also necessary to wake up to the truth about the larger picture of Ascension that is occurring on the planet: humanity's current condition, and how the heart-wrenching state of affairs on Earth has come about. This often demands a lot of courage and a great deal of self-nurturing as you go through this awakening process. But without this understanding, it is next to impossible to fully step into the vast spaciousness of fifth-dimensional consciousness, in which humanity's evolutionary condition is clearly known and understood. For that reason, I will focus in this ebook on this aspect of the Ascension process.



## Negative Forces Impeding Our Evolution

You may be familiar with a lot of what I'll be outlining here; if so, you will likely find it a concise and organized review of the information. But if the following information is new to you, it's understandable if it sounds like conspiracy theory; it can initially sound really paranoid. Yet I encourage you to continue reading – because you'll find that it explains well the deeper reasons why the events occurring now across the planet are happening. Indeed, it explains why all humans have suffered so greatly during *all* the millennia they have been living in the Third Dimension.

The initial information I offer below about today's world has been taken from posts and videos on the internet and from books in the last couple of years by multiple sources of whistle-blowing scientists, doctors and nurses, as well as lawyers, independent journalists and government workers.

The information that then follows, about what exists behind the scenes of the governments and major institutions of the world, has been given by insiders and whistleblowers from within the government, the three-letter agencies, corporations, and secret space programs; and it has additionally been outlined by many metaphysical sources and channels.

All of what I state here is only a very brief outline of main aspects of the whole situation the world is in. Just about every point has probably dozens of references you can research yourself. I have included End-Notes at the conclusion of this ebook, listing main references, should you wish to research and verify the information I have given.



### The Plandemic

**World Leaders & Politicians:** Let's start by looking at the world leaders and politicians in power on the planet today. As you are probably aware, most of them do not seem to

have humanity's well-being in mind. They have taken information from corrupt heads of Big Pharma, Big Tech, Big Banking, and three-letter agencies – groups of people often referred to as the *Cabal* – and have created a story about a pandemic of a vicious virus; and then they have created insidious mandates, forcing people to comply with them, despite the intelligent and informed protests of hundreds of respected doctors and scientists from all around the world.

This is not to say that a serious disease hasn't been affecting many people in the world; it definitely has. It's just that what we've been told by "official sources" has not been accurate, honest or in our best interests.



**Mainstream Media:** The mainstream media, owned and run by just six mega-corporations, has played a big part in reporting the false information given by these Cabal groups which has served to frighten people into doing things that have increasingly become illogical. These same Cabal groups have been controlling social media sites, websites and youtube videos, as well, effectively censoring all voices opposing the mainstream story line and the mandates. The result has been an epidemic of fear that has torn families and friends apart, essentially collapsed the global economy, and destroyed harmony and peace that had existed before in many countries in the world.

**Plandemic:** In fact, the pandemic has been referred to by many as the "Plandemic", as there are multiple sources of evidence now that a pandemic of a virus had been planned by certain elite groups for a number of years before 2020, designed to destabilize humanity enough to take full control on the planet. Depopulation and a collapse of the global economy were important goals of the plan.

**Bioweapon:** As a matter of fact, the virus used in this plan has been revealed to be a manmade bioweapon. Early in 2020, a number of credible scientific and journalistic sources traced back the origins of the substance known as "Covid-19", to labs in both China and the US. Shortly thereafter, these posts completely disappeared off the

internet, and the mainstream story about the virus originating from bats in the Wuhan marketplace took hold.

It's taken almost two years for the "possibility" that the virus was lab-produced to finally come out again, as people have found patents that were filed for this manmade virus as early as twenty years before it supposedly appeared "naturally" from Nature. In mid-September 2021, it was reported on the Children's Health Defense site that 26 of 27 scientists who published an article in *Lancet* magazine in early 2020 stating that the lab-leak story was conspiracy theory actually have had close ties to the Wuhan Lab.



**Faulty PCR Tests:** Another part of the plan was to use PCR tests for testing the virus in people. Although the very originator of this test himself has firmly stated that the test was never designed to be used in this way, the world has nonetheless continued to use it to immensely inflate the numbers of people "infected" by the virus – many of whom have had no symptoms of illness at all. In addition, numerous immunologists have clearly explained that the way the test is used produces an overwhelming number of false positives. This was actually even reported at one point in the *New York Times* – and yet no one in authority has since changed the protocol.

**Doctors Mandated to Lie:** Yet another part of the plan was to pay doctors and hospitals to assign the diagnosis of Covid-19 to all patients that came into their care, if they had tested positive with the faulty tests. Many of the hospitals were paid by pharmaceutical companies \$13,900 for every diagnosis assigned, and \$30,900 for every patient they put on a ventilator (which most often killed the patients, as this is reportedly not the way to treat them successfully).

They were also told to report the death of *any* patient as a Covid-19 death if they tested positive, no matter what other illness or injury they may have had – even if it had obviously been an automobile accident or a suicide. As a result, the numbers of people ill or deaths caused by the usual flu and other usual diseases each year seemed to magically disappear over the last two years.

Many doctors have since come forward to report that they have been pressured by hospital administrators to give faulty diagnoses and to put people on ventilators for this monetary reason. They have reported bribes and blackmail schemes designed to get them to comply. Finally, on October 21, 2021, the Italian newspaper Il Tempo reported that the Institute had “revised downward the number of people who had died *from* COVID rather than *with* COVID from 130,000 to under 4,000, a 97.1% drop.”



**False Numbers and Masks:** Still yet another part of the Plan was to use the false numbers of patients with Covid-19 in order to continue to frighten people, pull families apart, and continue haranguing the population into wearing masks. Mask-wearing is a method supposedly designed to avoid contagion – despite the fact that it has been proven over and over again by reputable immunologists and virologists to not work to prevent the transmission of viruses, because viruses are much, much smaller than the holes between the threads or fibers of any mask. The six-foot distancing scheme has also been proven over and over again to be simply silly, if a contagion were to be avoided.

**Effective Medications Taken off the Market:** Again, this is not to say there has not been an actual illness that many people have suffered from, and some have died from. Many, many have and continue to do so. But countless doctors have indicated that this virus is not so different, actually, from a very bad flu. And, in addition, they explain, it could have been treated easily and effectively by well-known and long-tested medications, such as hydrochloroquine and ivermectin.

Not surprisingly, these medications disappeared last year from pharmacies in the US rather quickly, and doctors were unable to procure them. Finally they are now available online from overseas for people to buy on their own, both for prevention and treatment; but for a long time, it was impossible to find them.



**Ultimate Goal: Vaccines:** As if all this hasn't been bad enough, we are now hearing from many sources that *all the hype and misinformation about Covid-19 has just been a preamble – a set-up in order for the Cabal to bring in their ultimate goal: to vaccinate people against the virus.* We're told that they knew that the vaccines they'd created would not only bring in huge profits for Big Pharma, they would also infect people with a gene-altering substance that would cause great harm to many and even cause death to some who would receive it. Many doctors and immunologists over the last year and a half have outlined the huge dangers of many of the substances found in the vaccines.

**Injuries and Deaths Caused by Vaccine:** More and more doctors and scientists are speaking out about the formidable dangers of the vaccines themselves, calling them "lab experiments" and "bioweapons". Aside from the fact that the vaccines have not gone through any of the usual multiple-year trials other vaccines have had to go through, there is firm evidence that, among other things, the vaccines actually act to alter genetic material, weaken people's immune systems, and make them all the more vulnerable to covid viruses.

A number of reports from hospital staff are now describing how the hospitals are currently over-crowded, not with covid patients, but with many fully-vaccinated people suffering from all kinds of issues, many to do with immune system deficiencies, blood clots and other heart problems. And this is not just with elderly patients; many young, formerly very healthy individuals have also succumbed to serious illnesses.



**The Role of 5G:** There are some reporters and doctors who have investigated the connection between huge numbers of both covid and vaccine injuries happening in certain areas and the fact that 5G had just been turned on in those areas at a very high level. They claim that this is what initially happened in Wuhan, and that it also happened in New York City and Italy before the huge numbers of covid cases occurred in those locations. They explain that it is graphene in the vaccines, in particular, that attracts radiation into the body, thus collapsing the immune system.

Daily, the numbers of injuries and deaths caused by the vaccines are rapidly mounting. As of September 27, 2021, the Vaccine Adverse Event Reporting System (VAERS) reported that 15,937 deaths had occurred due to the vaccine, and 752,803 injuries had occurred. Yet none of these people are able to sue the vaccine companies, because these companies have made sure they will never be liable.

In general, slowly but surely, people are becoming aware of this entire sham they have been duped into participating in, and they are angry. However, at the time of the writing of this book in late 2021, the mainstream media still has not begun to reveal how they have been reporting false news about the entire "pandemic". And, most likely, not much may turn around until they do. At this point, not enough has occurred to finally wake up those who have been compliant "sheeple" throughout this entire covid sham.

## Good News

But there is finally some good news occurring, at least in certain countries. People are waking up to the insidious plans of the Cabal agents bent on creating physical, emotional and social havoc in the world.

**Lawsuits:** There are now many doctors and scientists who are legally suing the pharmaceutical companies, along with the people who have created mandates to take the vaccine. The most comprehensive lawsuits are ones being filed by a group of lawyers led by Reinhardt Feullmich, who claims that these people need to be brought to a type of

Nuremberg trial for their “crimes against humanity”. The suits have hundreds of doctors and attorneys backing them.

In addition, in late September 2021, an international group of 4600 physicians and scientists also signed a declaration accusing Covid-19 policy-makers of crimes against humanity for preventing the use of life-saving treatments on their patients. And further, in mid-September 2021, Attorney Thomas Renz reported statistics given by the OMS Medicare tracking system that almost 50,000 people on medicare had died from the vaccine – many more than had ever been reported.



**Protests:** Another sign of awakening to the vaccine madness is the increasing number of huge protests that have raged, mainly throughout Europe and Australia, for weeks on end. People are waking up to the false information they’ve been fed through their leaders and the mainstream media. They are realizing the insanity in being told that, even if they’ve already been fully vaccinated, they still need to keep wearing masks and stay away from unvaccinated people. And that they will likely still have to keep getting booster shots every year. Also, very importantly, they are seeing that many who have been fully vaccinated are getting very sick and a surprising number of them are dying.

Ironically, the very fact that the mandates are so harsh, especially in certain countries, these mandates are finally serving to wake people up to the intimidation and control tactics being used by the powers-that-be to frighten them into compliance. Both vaccinated and unvaccinated people are participating together in their outrage over their loss of freedom of speech, loss of freedom to socialize, and loss of their livelihoods and homes. They’re claiming their God-given right to breathe freely and to choose what they wish to put in their own bodies.

**Healing Remedies & Technology:** There are now therapies and protocols appearing on the internet for those who have taken the vaccine and know that their immune system and organs have been negatively affected. Certain natural remedies are recommended, as well as new tech devices that strengthen healing ability.



**Medbeds:** And, there are the “medbeds” that are being written and talked about more and more in great detail these days. If you haven’t ever heard of them before, these are new technologies that are said to be able to heal anything at all in the human body. They are evidently not new on the planet; certain elite members connected to secret space programs (which have been in operation for a number of decades and which you can research) have had access to them for years. It is said by several sources that they may soon be rolled out for the general public. Whenever this happens, it will completely change the course of humanity’s well-being and continuation on the planet.

## **Shadow Controllers**

So, very briefly, that is what is occurring on the outer layer of events that can be seen and known. And yet, what may be surprising to hear is that, as corrupt as the political and institutional players that have brought about the “Plandemic” are, they are evidently not actually the ones initiating these measures.

Many of them have been bribed, blackmailed and threatened to do what they are doing. As you may be aware, there are negative shadow forces that operate *behind* these corrupt politicians and the wealthy heads of mega-corporations in the world. Known as the *Shadow Controllers* or the *Deep State*, these people choose to remain as invisible as possible. We rarely, if ever, read or hear their names – we only know about the ones who are controlled by them.

The Shadow Controllers belong to the super-wealthy elitist families on the planet, including those hidden in monarchies, those pulling the strings within the global financial structures, and those who rule deep from within the Vatican. They control not only the wealth on the planet but have also infiltrated all of our social institutions and religions, the mainstream media, the entertainment industry, health institutions, global politics, the militaries of the world, and most all educational systems.

They are the ones who have throughout history created wars, and then financed both sides. They were responsible for causing 9/11 and Fukushima. For many years, they have poisoned our air, food, water and soil. They have exercised mind control on various parts of the population, arranged numerous assassinations, and committed egregious crimes, especially to children. They have had thriving businesses of human and drug trafficking.

Until recent years, these shadow controllers have been totally hidden; but they have now been somewhat revealed on alternative internet platforms by many whistleblowers, insiders, and people who have been born into these families. These courageous Souls all risk their lives in revealing what is going on behind the scenes. But they are dedicated to revealing what they know, believing that the controlling Elites must finally be seen by as many people as possible, so they can be dealt with and overcome. According to many in the intel community online, this process is occurring, albeit very slowly.

However, because the websites and social media of many of these intel providers have been infiltrated by the Cabal, some of what they say or write is not accurate. Indeed, little that you find on the internet these days can be one hundred percent believed; there is also misinformation on the alternative news sites, not just on mainstream media sites. It's important to be discerning and take anything you see or hear with a certain amount of salt.



### **More Possible Good News**

However, there are now numerous reports from a variety of sources about possible arrests and military tribunals of certain Cabal and Shadow Controller members that are being made by global "White Hats" – an international group consisting mainly of military forces, also known as the "Global Alliance". In fact, there are many videos and reports about the tremendous amount of activity that has been going on in Guantanamo Bay (also known as GITMO) in the last two years – an inordinate amount of air traffic, sea traffic, and building of new structures.



Reportedly, these arrests have not been made public yet, because the operations are very tricky. Although the Cabal and the Shadow Controllers behind them are now evidently on the run, and there are factions within their ranks who are fighting each other, they apparently still have powerful weapons they can use to destroy large swaths of the human population. So the process of making anything public is a slow one. Also, any information that comes out will need to be carefully reported, so that people who have been totally asleep to all of this will not be too traumatized.

### **Behind the Shadow Controllers**

This news of probable arrests of those people who have been part of both the Cabal and the Shadow Controllers is very hopeful. And yet, if you dig even more deeply in your research, you can discover that there is something that is even darker than these groups that needs to be addressed. And that is that, even though the Cabal are basically people who have been bribed, seduced and blackmailed by the Shadow Controllers, the Shadow Controllers themselves are people who have essentially been taken over through AI mind control by even darker forces – forces of off-world beings who have been present on the planet for thousands of years, many hiding in the lower Fourth Dimension.

Again, this may sound like conspiracy theory – something dredged up by people who have watched too much science fiction. But, if you research this, you will discover that the ideas in most of these types of dark science fiction movies have been given to Hollywood writers and directors by secret space program agents within the CIA. In these movies, there is a great deal of disclosure of what is really going on in the world that most people just dismiss, believing it to be fantasy or science fiction.

But, think about it – that is the purpose behind these movies – to keep the information that gets leaked out by whistleblowers from being accepted by the public as real. People have been led to think dark extra-terrestrial forces are just fiction.



Once you do the research, you realize that, in reality, there are extra-terrestrial beings living on and also within the planet (which is a whole other subject you can research) – and that they have been here for quite a while. And there are multiple whistleblowers from within secret space programs who have now described this at length. Even NASA has now disclosed some of this information on its website. There are also numerous metaphysical and channeled sources who have confirmed this, as well.

### **Hostile Off-World Beings**

At any rate, one piece of information a number of whistle-blower reports tell is that many thousands of years ago, there were actually a great number of off-world beings who frequently visited Earth to do experiments with what they found here. And part of what they found was a developing race of human beings. Many of these visitors were highly-evolved Beings who wished to assist humanity to evolve more quickly. Others were not especially benevolent, simply curious.

And then there were those who were actually not interested in assisting humanity at all, only in doing experiments that would benefit their own race and agendas. And there was one group – sometimes referred to as the *Archons* – that eventually took control of the main experiments being done on the human race.

Unfortunately, although they were very highly-evolved technologically – especially in tinkering with DNA – they were not at all evolved spiritually. And they gathered to them a number of other off-planet races here who were also hostile to humanity to assist them in their endeavors to control this human race they'd found on Earth. Some of these races have been called the *Dracos*, the *Reptiles*, the *Annunaki* and the *Chimera*.

This is extremely important information to understand, especially when it comes to realizing why humanity has suffered so dreadfully all through the millennia of existing in the Third Dimension: why there seems to be no end to wars and poverty, and why we human beings have had such difficulty in knowing who we inherently are as powerful, multidimensional Beings of Light. It explains why there are humans who have been seduced and blackmailed into taking advantage of humanity from positions of leadership in the world, in the first place: There is an even darker force from way behind the scenes that has been controlling humanity *through* these people.



### **They Can't Go with Us**

At the same time, before I continue with the details about this race of beings and their control over humanity, it's very important to understand that, now that the Earth and humanity are rising in frequency, these beings are feeling greatly threatened. They know they will not be able to continue with us as Ascension occurs, because they cannot raise their frequency any higher than the Fourth Dimension.

For this reason, their actions are now becoming extreme in their last attempts to control and destroy humanity and to create suffering in every way possible. And this is why we need to understand what they have created all throughout our history and what they are now attempting to do on their way out. It will be a while yet before they are no longer with us.

### **Humanity's Suffering Provides "Loosh"**

The first thing to understand is that the Archons actually thrive on the energy that exists in humanity's negative emotions, especially fear, hatred and despair. This energy has

been called “loosh”; it is actually their food. They have also, throughout time, taught their Shadow Controller humans to thrive on it. For this reason, it has always been a priority to keep humanity in emotional and physical suffering. Among other things, to ensure their supply of this sustenance, they have created a number of conditions within humanity, such as starting wars, creating epidemics, and conflicts between races and genders.



### **Inner Critic Implant**

Another thing to understand about these dark beings is that they initially created a variety of AI implants that they spliced into human DNA, designed to weaken people and impair their connection to Source. The most powerful of these was an implant they attached to the frontal lobes of the human brain on the etheric level, programmed to create fear, shame, guilt, self-judgment and self-doubt within a person.

Every embodied human being since then has this implant in their brain. It has mistakenly been considered a natural part of the human blueprint and has been called the *inner critic* or the *superego*, but it is not natural to the human race. And, unfortunately, it has greatly hindered humanity’s spiritual evolution throughout time.

### **Creation of the Elite Shadow Controller Families**

Another thing these beings initially accomplished was to breed – or get other hostile races to breed – with certain members of the human race in order to create a line of elitist families they could completely control. And the families existing today within the Shadow Controllers are the descendants of these original families.

If you go down the rabbit hole on this subject on the internet and in a variety of books at this point, you will learn that these people perform unspeakable rituals too dark to describe here, dictated by the head of their off-world masters (often referred to as

“Satan” or “Lucifer”), using humans – usually children – in order to remain in power over humanity.

It’s not necessary to learn all the dark details of this aspect of what they do; it’s simply important to understand that these things do take place and have been for thousands of years, deep within the Earth in what are called DUMBS (deep underground military bases). Fortunately, there are signs now that these DUMBS are being blown up by the Global Alliance military. Many of the odd multiple earthquake patterns occurring around the world in the last couple of years are indications of this. Unusual flooding in other places have indicated the same thing – an overflow of flooding of the bases and tunnels underground.



### **Infiltration of All Religions**

It can be very distressing to learn that yet another thing the Archons have accomplished throughout the centuries has been to infiltrate every religion that has sprung up within humanity – and even to *create* religions for certain vulnerable groups – distorting all ideas about who or what God is. They created the idea of original sin and hell, and invented teachings that create pain, guilt, and shame, as well as division among peoples. When you think about all the religious wars that have occurred throughout history – and, to some extent, continue on today – it all begins to make sense.

### **Creation of a Controlled Death Space**

In addition, there are certain sources (see the End-Notes) who give information about the “death space” that human Souls go to upon the death of their bodies, a space that exists in the lower Fourth Dimension – where the Archons themselves exist. These sources say that the Archons were able to infiltrate this space and create an illusion of a tunnel of white light that would entice Souls into a system that was designed to bring them back into a recycling system – the Karmic Wheel – so they’d have to reincarnate

again and again and continue their journey of suffering throughout the millennia. And, according to these sources, until recently, it has been next to impossible to escape from this controlled death space and exercise the freedom of traveling back to Source or to some other place in the universe.

This information about the tunnel of light may especially distress you. Perhaps you have always felt comforted in reading about it from people who have had near-death experiences. The truth is that the light *is* evidently extremely comforting and gives Souls a greater sense of who they really are. The space it has initially brought them to is apparently very restful and healing. But it has not allowed Souls to truly be free to evolve where and how they might wish to. It's always led to reincarnation on Earth, over and over again.

The good news, however, is that, because of the high frequencies flooding the planet, this whole controlled death space has now been collapsing. Souls trapped there are being released and assisted on to their next experience of evolution, wherever that may be. Like all control systems on Earth in recent years, this controlled space has been breaking down, thanks to the efforts of galactic light forces, along with the Earth Alliance, that have been working on this for a long time to help free humanity.



## **Infiltration of New Age Spirituality Teachings**

What may especially dismay you in researching this whole topic of the Archons and Shadow Controllers is the discovery that even many of the New Age spirituality teachings have been based on distorted and incorrect information about reality, as they too have been infiltrated by the insidious interference of these beings who have attempted to keep control over humanity's spiritual awakening.

This news can be very disheartening. Those of us who have been exposed to New Age teachings have been fortunate, in that these teachings at least tend to be much more supportive and embracing of our true spiritual nature than most traditional religions on the planet.

However, although we may generally learn from them that we are inherently divine beings, free of “original sin”, there is still usually a subscript that there is something wrong with us. So often, teachings imply that, in order to evolve and become enlightened, we need to work very, very hard, probably for many lifetimes, in order to be free. We are somehow to blame if we suffer, because we are “creating our own reality”. It is our fault if we don’t have positive thoughts and emotions, if we can’t form nurturing relationships, or if we can’t find our way out of poverty. In general, there’s the insinuation that we have to sacrifice and suffer, if we are to purify ourselves.



In addition, many New Age teachings tell us that we need to meditate and pray and have a spiritual practice in order to connect with Source; somehow, because we’re naturally flawed, most of us can’t seem to keep ourselves fully connected to Source all the time, even though we’re told we actually *are* Source – so shame and inadequacy naturally arise. And then there are some teachings that tell us we have to become vegetarians, or that we have to forgo certain pleasures in order to become “pure”.

## **Controlled Reincarnation System**

One thing new age teachings describe quite well is the reincarnation process and the role of karma in our lives. It makes sense of many mysteries in our lives. However, as described above, what is generally not understood is that the Wheel of Karma is something the Archons created so that human Souls would continue on, over and over again, providing them with what they thrive on – the energy of suffering. The reincarnation system has never been “fair” or truly helpful to humanity; it has essentially

been a system that keeps human Souls recycling over and over again in ignorance, for the benefit of these beings living in the lower Fourth Dimension.



Because of this controlled reincarnation system, Human Souls have only been able to evolve and awaken very, very slowly. It's been especially difficult, since most people have no recollection of their past lives – what they experienced and what they learned in them – and so they have tended to make the same mistakes, life after life. Wouldn't it make sense, if reincarnation were a benevolent process, that remembering our past lives would be helpful to us in our evolving process so we could finally get off the Wheel?

There have only been a very few over all the centuries who have escaped what is known as the "death trap" when death of the body has occurred – and managed to escape from recycling back into the reincarnation system.

### **Blaming Humanity**

But, even aside from all that, what is especially perplexing is that most new age teachings essentially tell us that God is all-loving and benevolent – and yet, it is never truly explained why God would then allow such suffering in people's lives to occur, or why such insidious events like the Holocaust could happen. It's never really explained why innocent people are killed in war.

Instead, generally, these things are all blamed on humanity's imperfections. All we know is there is something inherently wrong and imperfect about us as human beings. Again, we somehow have to work hard on ourselves in order to wake up, heal ourselves and overcome all our imperfections.



Of course, this doesn't mean that we are not here to evolve and continue awakening to who we are. Yes, we are responsible for doing this – and sometimes, this entails a lot of work. This is our agreement as Souls on a path of evolution in this Universe.

But the point to understand is that we have generally been led to believe that these imperfections are inherently our fault, that they are part of who we *are* – rather than energies and patterns we have picked up while living many lifetimes in a controlled third-dimensional reality.

This can be a very subtle message, but it's often there in the new age literature – without the understanding that all this is so very difficult to accomplish because of the negative AI implants that have been spliced into our DNA – as well as all the other institutional, political and environment blocks that have been holding us back, as well.

Again, it doesn't mean that you shouldn't strive to create positive thoughts or work on your relationships or learn to create abundance in your life. Focusing on these things will definitely assist you in waking up to who you truly are and eventually lift your frequency into fifth-dimensional consciousness. It just means that it's important to understand why it is often so hard to do all these things – and how you need to have much, much compassion and appreciation for yourself. This controlled reality has been extremely difficult to evolve in; it is not the environment that was initially designed for humanity.

### **Protecting Yourself from the Dark**

As is probably obvious in reading all this about the controlling forces on the planet, it is not easy to live without being affected by the many things holding you back from evolving freely with joy and confidence. Aside from all the poisons in the air, food, water and soil the Cabal has managed to insert into our environment; and aside from all other

restrictive measures and false information the Dark Forces have placed in our way; there are now all the covid variants and the mandates in place that create fear and anger in people.

Just going out in public these days, with all this fear and anger people are feeling, can feel oppressive. So, especially if you are an empath, someone who easily and naturally absorbs energies from other people, it's really important to protect yourself from these energies. And, if you're with people who are strongly expressing negativity, you need to be especially careful.



One of the most powerful things you can do to protect yourself from dark energies is to remain as much as possible in a high vibration – experiencing a sense of empowerment, feeling positive emotions and thinking positive thoughts. Focusing on your Heart Center and embracing the Love within you is especially powerful. However, this is not always possible, especially as the Ascension energies are currently bringing up all unresolved traumas and situations to be dealt with and released. Therefore, it's important to focus on creating protection around yourself as often as feels necessary.

There are numerous ways to bring in energetic protection. One simple way is to create a sphere of Light around you that will fill, surround and protect you. Or you can call in a column of Light and feel it forming around and within you, and then grounding it into the Earth. Either way, you will likely feel an immediate positive energy lifting you; you will suddenly feel clearer and lighter and more awake. You can also call in Light from Gaia and feel it floating up into you to join the Source Light. There are further steps you can take, such as calling in Archangels and Ascended Masters, or certain Galactic Beings. Ask for their protection and experience the uplifting energy that arrives around you.

Calling in protection is particularly important if you suddenly feel something negative or dark with you that somehow doesn't feel like it's part of you. With the collapsing of the

lower fourth-dimensional death space, certain dark energies that were originally created by the Archons (often called “entities” or “demons”) that existed in the death space, have also been released temporarily into our space. And they can sometimes hover near you if you’ve dropped into a low frequency of consciousness.

The whole situation with them is being sorted out at this time, and soon they will no longer exist. But for now, be aware that they may be attracted to you if you fall into negativity and are not protecting yourself. This is not something to be fearful about; just be aware of this possibility, especially if you can’t relate to the dark feeling you’re experiencing. Calling in divine Light to surround you will usually protect you from them – and remind you to shift into a more positive frame of mind.



## **Knowledge of the Dark Side of History**

If you have been deeply involved in following new age teachings (or certain Eastern traditions) and feel they have really helped you, it may be jarring to read about the distortions and lack of accurate information many of them contain. It’s understandable. In the Third Dimension, these kinds of teachings have been the best of what has been available to us. They are certainly a step up from the teachings of many of the religions on the planet. But, if you can be open to the fact that even these teachings have, to some extent, been impacted by the Archonic influence on the planet, you can begin to truly wake up to the ways we have been controlled, even through such well-intentioned teachings.

In general, the last part of this ebook has outlined the reasons for all the darkness that has existed on Earth for eons of time and is currently being fully revealed on the planet for the first time in history. As such, all of it may be not just unsettling, but frightening. You might be wishing you hadn’t read it, because you’re now feeling fearful, angry, betrayed or depressed.

And yet, this is part of the Ascension process. In order to make the shift into 5D, we must acknowledge and understand these hidden layers of control that have hindered our natural evolution into higher dimensions of consciousness for a long, long time. We need to take control of our own destinies through not only learning about the Light that we are – but also the Dark that has invaded and controlled humanity for far too long.



## **Humanity Finally Has a Chance to Fully Awaken**

Perhaps most importantly, we need to remember that not only are these controlling forces finally being dealt with; their creations, such as the implants, are also weakening. The higher frequencies streaming onto the planet are causing this – these negative beings and their creations cannot go with the Earth into the Fifth Dimension.

This is very exciting news! At some point, we will be experiencing a sense of inner and outer freedom we have never before known throughout our sojourn on Earth. As the technology of the Archons and other hostile entities still on the Earth increasingly weakens and fails, we can discover that our connection to Source is strengthening, and we have the power within us to shake off the control and manipulation we have been under for thousands of years. Much of humanity is already awakening more and more quickly now, and many are becoming aware of the inherent power we have as powerful multi-dimensional Beings.

We probably can't do anything much on the physical level in the world to change what still exists on the hidden levels behind the scenes, but we do need to be aware that it has been there and that it is still, to some degree, impacting us. And what we *can* do is create a sense within ourselves that simply says, "No more!". We can stand up inside ourselves and feel our power of refusing to believe the lies we are being given or to go

along with any more of the control and intimidation practices than we absolutely need to. And – we can actively begin to create the New Earth that we have longed for our entire lives in whatever way we can.

This decision and stance will add to the rising awakening that is occurring within humanity at this time and serve energetically to help turn the tide. In doing this, we will have taken a huge step forward in readying ourselves for our shift into the Fifth Dimension.

### **Ascension is Happening!**

In the end, it's important to keep remembering that Ascension *is* truly happening, even though it may be hard to see or feel at this point. We *will* experience the joy and freedom of the Fifth Dimension – most of us in this lifetime. We are now definitely on the positive timeline in this direction. Experience the joy in knowing this.

It's just a matter now of simply moving forward, one step at a time, knowing that you are being guided and that your life is being divinely orchestrated to bring you back to the profound experience of yourself as a brilliant and glorious multi-dimensional Being of Light.

And remember – thanks to the powerful 5D energies flooding the Earth, it is now easier and easier to manifest a new reality for yourself. You have the power to envision and focus on the most rapid and beneficial timeline for yourself and begin to create it. Step into your power and do this!



## End-Notes

### Sources telling the Story of the Cabal

1. "Fall of the Cabal" by Janet Ossebard - <https://www.bitchute.com/search/?query=fall%20of%20the%20cabal&kind=video>
2. "Monopoly" - <https://www.stopworldcontrol.com/monopoly/>
3. *Triumph of the Light*, by Vidya Frazier - <http://vidyafrazier.com/vidya-fraziers-books/>

**Ebook Outlining Details of the Plandemic:** "What You May Not Know about Covid-19" - <https://www.youtube.com/watch?v=Wt4zepr3aX0> (this link will download it)

### Doctors & Scientists Speaking about the Plandemic

1. Dr. Joseph Mercola - <https://www.bitchute.com/search/?query=joseph%20mercola&kind=video>
2. Dr. Sherry Tenpenny - <https://www.bitchute.com/search/?query=sherry%20tenpenny&kind=video>
3. Dr. Simone Gold - America's Frontline Doctors - <https://www.bitchute.com/search/?query=america%27s%20frontline%20doctors&kind=video>
4. Dr. David Martin - <https://www.bitchute.com/search/?query=dr.%20david%20martin&kind=video>
5. Dr. Dietrich Klinghardt - <https://www.bitchute.com/search/?query=dr.%20dietrich%20klinghardt&kind=video>
6. Dr. Peter Breggin - <https://www.bitchute.com/search/?query=dr.%20peter%20breggin&kind=video>
7. Dr. Carrie Madej - <https://www.bitchute.com/search/?query=dr.%20carrie%20madej&kind=video>
8. Dr. Christine Northrup - <https://www.bitchute.com/search/?query=dr.%20christine%20northrup&kind=video>
9. Dr. Judy Mikovitz - <https://www.bitchute.com/search/?query=dr.%20judy%20mikovitz&kind=video>

## News on Vaccines

New Study Shows Vaccines Have Plunged From 88% Effectiveness Against COVID Infections to Just 13% in Mere Months - [https://stillnessinthestorm.com/2021/11/new-study-shows-vaccines-have-plunged-from-88-effectiveness-against-covid-infections-to-just-13-in-mere-months/?utm\\_source=newsletter&utm\\_medium=email&utm\\_campaign=name\\_heres\\_your\\_daily\\_stilness\\_in\\_the\\_storm\\_newsletter\\_for\\_2021\\_11\\_09&utm\\_term=2021-11-09](https://stillnessinthestorm.com/2021/11/new-study-shows-vaccines-have-plunged-from-88-effectiveness-against-covid-infections-to-just-13-in-mere-months/?utm_source=newsletter&utm_medium=email&utm_campaign=name_heres_your_daily_stilness_in_the_storm_newsletter_for_2021_11_09&utm_term=2021-11-09)

## Independent Journalists & Interviewers

1. Robert Kennedy, Jr. Book: *The Real Anthony Fauci* - <https://www.amazon.com/Real-Anthony-Fauci-Democracy-Childrens/dp/1510766804>
2. Del Bigtree - <https://www.bitchute.com/search/?query=del%20bigtree%20&kind=video>
3. Stew Peters - <https://www.bitchute.com/search/?query=stew%20peters&kind=video>
4. Janet Ossebard - <https://www.bitchute.com/search/?query=janet%20ossebard&kind=video>
5. Nicholas Teniamen - <https://www.bitchute.com/channel/jcOs2EA1BUJH/>
6. Mike Adams - <https://www.bitchute.com/search/?query=mike%20adams&kind=video>
7. Clif High - <https://www.bitchute.com/channel/HBBwqdoMy7Gz/>
8. Kerry Cassidy - <https://www.bitchute.com/search/?query=kerry%20cassidy&kind=video>
9. David Wilcock - [https://www.youtube.com/results?search\\_query=david+wilcock](https://www.youtube.com/results?search_query=david+wilcock)
10. Simon Parkes - <https://www.simonparkes.org/>
11. Charlie Ward - [https://drcharlieward.com/my-videos/?utm\\_content=13113011&utm\\_medium=Email&utm\\_name=Id&utm\\_source=Actionetics&utm\\_term=Email](https://drcharlieward.com/my-videos/?utm_content=13113011&utm_medium=Email&utm_name=Id&utm_source=Actionetics&utm_term=Email)

## Alternative Websites with Newsletters

1. Prepare for Change - <https://prepareforchange.net/>
2. Golden Age of Gaia - <https://goldenageofgaia.com/>
3. Stillness in the Storm - <https://stillnessinthestorm.com/>
4. Children's Health Defense - <https://childrenshealthdefense.org/defender/>
5. Zero Hedge - <https://www.zerohedge.com/>

